

Community Resources

Below is a list of resources and partner organizations supporting the needs of the LGBTQIA+ community

Statewide and Regional

[Entre Hermanos](#)

Website: www.entrehermanos.org | **Phone:** 206-322-7700 | **Email:** info@entrehermanos.org
Health education, outreach, HIV prevention, mental health support, and community organizing for the Latinx LGBTQIA+ community with a focus on immigrant populations in Washington State.

[QLaw Foundation of Washington](#)

Website: www.q-law.org | **Phone:** 206-404-3641 | **Email:** info@q-law.org
Free legal assistance, referrals, and resources for the LGBTQIA+ community focusing on legal issues statewide.

[Pride Foundation](#)

Website: www.pridefoundation.org | **Phone:** 206-323-3318 | **Email:** info@pridefoundation.org
Grants and scholarships for LGBTQIA+ individuals, nonprofit support, advocacy, and public policy work.

[Trepn \(Transgender Resource & Empowerment Project North\)](#)

Website: www.trepn.org | **Phone:** 360-333-0849 | **Email:** info@trepn.org
Resources and support for transgender and non-binary individuals, focusing on rural areas and underserved regions.

[Gender Justice League](#)

Website: www.genderjusticeleague.org | **Phone:** 206-651-4070 | **Email:** info@genderjusticeleague.org
Advocacy, legal assistance, peer support, educational programs, and community-building for transgender and gender-diverse individuals across Washington State.

[LGBTQ+ Health Coalition of Washington State](#)

Website: www.lgbtqhealthwa.org | **Phone:** 206-323-1768 | **Email:** info@lgbtqhealthwa.org
Health resources, advocacy, and education on LGBTQIA+ healthcare needs.

[The Trevor Project \(National\) – Washington Chapter](#)

Website: www.thetrevorproject.org | **Phone:** 866-488-7386 | **Text:** Text "START" to 678678
Crisis support and suicide prevention for LGBTQIA+ youth, with national and local outreach.

[Washington State LGBTQ+ Commission](#)

Website: www.lgbtq.wa.gov | **Phone:** 360-902-4127 | **Email:** lgbtq@wa.gov
Advocates for the needs of LGBTQIA+ Washingtonians in state policies. It provides a vast resource library with information on LGBTQ+ organizations throughout the state, though some of the listings may be outdated.

[Lavender Rights Project](#)

Website: www.lavenderrightsproject.org | **Phone:** 206-659-9009 | **Email:** info@lavenderrightsproject.org
Advocates for Black trans, intersex, and gender-expansive people. They provide vital services including housing assistance, referrals, wellness plans, and a strong network of Black trans legal professionals.

Statewide and Regional

Transmasc Seattle

Website: www.transmascseattle.org | **Email:** info@transmascseattle.org

Provides valuable community-building opportunities, educational programming, resources, and referrals specifically for transmasculine individuals and the broader gender-expansive community in the Puget Sound area. The organization creates a safe and supportive space where individuals can connect, share their experiences, and access resources tailored to their unique needs. Their mission is to foster an inclusive environment for transmasculine people and other gender-diverse individuals, ensuring they have the tools, support, and connections needed for personal and community growth.

ACLU-WA (American Civil Liberties Union of Washington)

Website: www.aclu-wa.org | **Phone:** 206-624-2184 | **Email:** aclu@aclu-wa.org

The ACLU-WA is the Washington State chapter of the American Civil Liberties Union, dedicated to defending the rights of individuals, especially marginalized communities. They provide an up-to-date and comprehensive guide on the rights of transgender individuals in Washington, as well as legal support regarding free speech, parental rights, immigrant rights, and more. The ACLU-WA works tirelessly to protect civil liberties through legal support and advocacy.

GenPride

Website: www.genprideseattle.org | **Phone:** 206-393-2679 | **Email:** info@genprideseattle.org

Provides critical services and programming for LGBTQIA+ seniors, including housing support, peer support, community meals, and training programs for organizations that serve both LGBTQIA+ individuals and senior populations. They strive to improve the quality of life for older members of the LGBTQIA+ community and to ensure that they receive the care and services they deserve.

GSBA (Greater Seattle Business Association)

Website: www.thegsba.org | **Phone:** 206-363-9188 | **Email:** info@thegsba.org

The GSBA is Washington State's LGBTQ+ and Allied Chamber of Commerce. They offer LGBTQIA+ and trans inclusion training for workplaces and a post-secondary scholarship program. Their mission is to support LGBTQ+ businesses and professionals through advocacy, networking, and educational programs. They work to foster an inclusive and diverse business environment across the state.

King County

UTOPIA Washington

Website: www.uto_piawa.org | **Phone:** 253-478-3941 | **Email:** mail@uto_piawa.org

Based in Kent, serves LGBTQIA+ Pacific Islander communities and the greater LGBTQIA+ community through their Mapu Maia Clinic, which provides low-barrier primary care, sexual wellness, and gender affirming care. Other services include food and gender-affirming clothing, advocacy, and peer support in Kent, Tacoma, Seattle, and surrounding areas.

Pride Across the Bridge

Website: www.prideacrossthebridge.org | **Phone:** 253-267-2732 | **Email:** info@prideacrossthebridge.org

LGBTQIA+ support, advocacy, and community-building in Redmond and surrounding areas.

Northwest Immigrant Rights Project (NWIRP)

Website: www.nwirp.org | **Phone:** 800-445-5771 | **Email:** info@nwirp.org

Immigration legal assistance, advocacy for LGBTQIA+ immigrants, and resources for asylum seekers.

Community Health Plan of Washington (CHPW)

Website: www.chpw.org | **Phone:** 800-440-1561 | **Email:** customercare@chpw.org

Medicaid and Medicare plans with coverage for LGBTQIA+ individuals.

Queer the Land

Website: www.queertheland.org | **Phone:** 206-557-0707 | **Email:** info@queertheland.org

Housing support, advocacy, and community events for LGBTQIA+ individuals of color primarily in the Seattle area.

Lambert House

Website: www.lamberthouse.org | **Phone:** 206-322-2515 | **Email:** info@lamberthouse.org

Drop-in center for LGBTQIA+ youth, support groups, social events, resources, and advocacy, primarily in Seattle but serving the broader region.

Seattle's LGBTQ Center (FKA Gay City)

Website: www.gaycity.org | **Phone:** +1 (206) 860-6969 | **Email:** info@gaycity.org

Offers a wide range of services and programs aimed at supporting the LGBTQIA+ community in Seattle. They provide an expansive library of LGBTQIA+ literature and learning materials for those seeking education and empowerment. The Center serves individuals across the LGBTQIA+ spectrum, with a particular focus on providing health and wellness support to marginalized groups, including those living with HIV and trans and gender-diverse individuals.

Lifelong

Website: www.lifelong.org | **Phone:** +1 (206) 957-1600 | **Email:** info@lifelong.org

Advocates for and provides critical services to people living with HIV and those affected by chronic illnesses. Their services aim to improve health outcomes and ensure access to basic necessities. Lifelong's offerings include food and nutrition assistance, which extends to hot meal and grocery delivery programs for individuals who are homebound or unable to access food independently. The organization also provides housing support, Medicaid case management, and HIV care coordination. Lifelong serves primarily individuals living with HIV, low-income residents, and those navigating chronic health conditions in the Seattle area, working to ensure that everyone has access to the support they need for a healthier life.

King County

[PFLAG Seattle](#)

Website: www.pflagseattle.org | **Phone:** +1 (206) 567-2218 | **Email:** info@pflagseattle.org
PFLAG Seattle is the local chapter of PFLAG, a national organization supporting families, friends, and allies of LGBTQIA+ individuals. It provides a range of resources, including support groups for parents and families of LGBTQIA+ children and adults. Through advocacy and community engagement, it has been instrumental in fostering stronger relationships between LGBTQIA+ individuals and their families, helping to build a more inclusive and supportive environment for people of all sexual orientations and gender identities.

[Seattle T4T Clothing Swap](#)

Website: www.seattlet4t.org | **Phone:** Not listed (contact via email) | **Email:** info@seattlet4t.org
Hosts clothing exchange events specifically for transgender and gender-expansive individuals in the Seattle area. They collect clothing donations and provide a welcoming, safe space where individuals can swap gender-affirming clothing free of charge. The organization serves individuals in the LGBTQIA+ community, particularly focusing on transgender and non-binary people, who may struggle to find appropriate clothing that affirms their gender identity. These events help reduce financial barriers for those seeking clothing that matches their gender expression, fostering inclusivity and community support.

Pierce County

[Rainbow Center](#)

Website: www.rainbowcntr.org | **Phone:** 253-383-2318 | **Email:** info@rainbowcntr.org
Community programs, support groups, and advocacy for LGBTQIA+ individuals, including services for youth and elders in Pierce County.

Additional Resources

[The Big Book of All Things Queer by Axton Burton](#)

This book is a living document full of resources, educational materials, provider referrals and support for the queer community and beyond, with a heavy focus on East King County. While the educational and medical materials are geared towards educating and supporting our transgender and gender diverse community members, all of these resources are for the entire 2SLGBTQIA+ community, parents, friends, allies, and medical professionals.

The guide is [freely available online](#), and a **FREE** printed physical copy from our lovely [Duvall Valley Mail](#) can be ordered [HERE](#).