

Community Resources

Below is a list of resources and partner organizations supporting the needs of the Aging community

Statewide and Regional

[Aging and Long-Term Support Administration \(AL TSA\)](#)

Website: www.dshs.wa.gov/altsa | **Phone:** 360-725-2300 | **Email:** AL TSA@dshs.wa.gov
Administers service programs for in-home, community, and residential long-term care for seniors and persons with disabilities.

[Washington State Department of Social and Health Services \(DSHS\)](#)

Website: www.dshs.wa.gov | **Phone:** 1-800-422-3263 | **Email:** dshs@dshs.wa.gov
Provides a range of services, including those for aging adults, through its various divisions.

[Aging & Adult Care of Central Washington](#)

Website: www.aaccw.org/ | **Phone:** 800-572-4459 | **Email:** info@aaccw.org
Provides support to older adults, adults with disabilities, and family caregivers in Central Washington.

[Area Agency on Aging & Disabilities of Southwest Washington](#)

Website: www.helpingelders.org/ | **Phone:** 360-694-8144 | **Email:** info@helpingelders.org
Support to older adults, adults with disabilities, and family caregivers in Southwest Washington, including Clark, Cowlitz, Klickitat, Skamania, and Wahkiakum counties.

[Aging & Long-Term Care of Eastern Washington](#)

Website: www.altc.washington.com/ | **Phone:** 509-965-0105 | **Email:** info@altc.washington.com
Provides services to older adults and individuals with disabilities in Eastern Washington.

King County

[Aging and Disability Services \(ADS\)](#)

Website: seattle.gov/community-living/aging-and-disability-services | **Phone:** 206-684-0660
Email: ADSInfo@seattle.gov
Plans, coordinates, and advocates for a comprehensive service delivery system for older adults, adults with disabilities, and family caregivers in Seattle and King County.

[Community Living Connections](#)

Website: seniorservices.org/community-living-connections | **Phone:** 206-962-8467 | **Email:** info@seniorservices.org
Provides information and assistance to older adults and adults with disabilities in King County, connecting them to services and resources.

King County

Sound Generations

Website: www.soundgenerations.org | **Phone:** 206-448-5751 | **Email:** info@soundgenerations.org
Offers a wide range of services for older adults in Seattle and King County, including adult disability services, supported living, and senior support services.

GenPride

Website: www.genprideseattle.org | **Phone:** 206-453-5014 | **Email:** info@genprideseattle.org
Serves the senior LGBTQ community in Seattle and King County, providing advocacy, support groups, educational outings, and health support services.

King County Senior Center Network

Website: www.kingcounty.gov | **Phone:** 206-684-0660 | **Email:** aginginfo@kingcounty.gov
Ensures access to vital services for older adults, addressing barriers like language, transportation, and discrimination, and strengthening opportunities for social engagement.

Snohomish County

Homage Senior Services

Website: www.homage.org | **Phone:** 425-513-1900 | **Email:** info@homage.org
Provides critical services for older adults and people with disabilities in Snohomish County, including mental health support, food and nutrition services, care coordination, transportation, and minor home repair.

Senior Information & Assistance

Website: snohomishcountywa.gov/366/Senior-Information-Assistance | **Phone:** 425-388-7393
Email: seniorservices@snoco.org
Offers information about programs such as Adult Day Health, Chore/COPES/Medicaid Personal Care, legal services, nutrition programs, peer support services, senior center operations, volunteer chore services, and volunteer transportation.

Aging & Disability Services

Website: snohomishcountywa.gov/362/Aging-Disability-Services | **Phone:** 425-388-7393
Email: seniorservices@snoco.org
Includes programs like case management, long-term care, and aging services, serving as the Area Agency on Aging for home care clients and senior information and assistance.

Senior Centers

Website: snohomishcountywa.gov/458/Senior-Centers | **Phone:** 425-388-7393 | **Email:** seniorservices@snoco.org
Operates community facilities where older persons can meet, receive services, and participate in activities that enhance dignity, support independence, and encourage involvement in community life.

Pierce County

Pierce County Aging & Disability Resource Center

Website: piercecountywa.gov/309/Aging-Disability-Resource-Center | **Phone:** 253-798-4600

Email: aging@piercecountywa.gov

Provides an access point for those seeking information and assistance regarding programs or services available to older adults or adults with disabilities, including housing options, in-home care, information and insurance counseling, nutrition/food, senior centers, and transportation assistance.

Senior Centers

Website: piercecountywa.gov/295/Senior-Centers | **Phone:** 253-798-4600

Email: aging@piercecountywa.gov

Operates community centers offering a variety of social, recreational, and educational programs for seniors, including health and wellness activities, educational classes, and workshops.